



*Heritage is a family in Christ that strives to serve others in His love.*

**February 28, 2021**

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*italics = Worship Leader speaks*  
**boldface = All speak** (including Worship Leader)

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## **LISTEN**

### **Hearing That Still, Small Voice and Finding Your Own**

**2<sup>nd</sup> Sunday in Lent**

***“Finding Your Breath: Listening to Our Bodies”***

#### **Music for Settling**

*“Breathe on Me, Breath of God”* (CCLI song #99481)

Words: Edwin Hatch (Public Domain); Music: Robert Jackson (Public Domain)

#### **Evoking the Mystery**

*I invite you to light a candle in your worship space and settle into worship.*

*It is this “turning” or “re-orienting” ourselves toward the Holy that is the essence of our season of Lent. What we pay attention to is what we are formed by. So let us continue this season of listening, of hearing that still, small voice and finding our own true selves.*

#### **Song:**

*“Come and Rest”*

Words: Marcia McFee; Music: Chuck Bell and Marcia McFee  
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*Our sacred texts connect the breath of God with our own aliveness—God blew breath into us at creation and we continue to breathe all of creation in and out of our bodies constantly. The early church also believed that breath and Spirit were one in the same. How might the meditative practice of paying attention to our breath be, in and of itself, a prayer of connection to God? When we embrace our bodies as the holy vessel of God, we become even more our true selves—which has been there all along.*

#### **Song:**

*“Come and Rest”*

Words: Marcia McFee; Music: Chuck Bell and Marcia McFee  
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#### **Silent Rest**

You are invited to sit quietly in the silence without any expectation of what you “ought” to be thinking. Don’t worry about sounds from children or colds—simply let them float into and out of your attention. And if you find it difficult to settle your thoughts, contemplate the following:

*Most of us breathe too shallow  
Take a deep breath all the way into the far corners of your lungs...  
Fill up your breath...fill up your spirit  
Then let it empty all the way out, long and slow...  
Let it all go and take with it the toxins of your life*

### **Examen**

*For that which, then, I thought was right...*

**have mercy, God.**

*For that which, now, I regret...*

**forgive me, God.**

*For that which, hence, I know not what to do...*

**guide me, God.**

*Come and rest, come and listen.*

*Know that grace, forgiveness and guidance are available to you  
at each and every moment that we turn to receive them.*

**Thanks be to God.**

### **Song:**

*"Come and Rest"*

Words: Marcia McFee; Music: Chuck Bell and Marcia McFee  
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### **Opening Song**

*"Breathe on Me, Breath of God" (CCLI song #99481)*

Words: Edwin Hatch (Public Domain); Music: Robert Jackson (Public Domain)

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## **FIND**

### **The Psalmist's Prayer**

***Psalm 33:3-6; 20-22***

#### **Sung response:**

*"Be Still and Know" (CCLI song #7073351)*

Words: Anonymous (Public Domain)

Music: Anonymous (Public Domain), arranged by Jack Schrader

*Sing to God a new song!*

*Play your best with joyful shouts!*

*Because the Lord's word is right,*

**God's every act is done in good faith.**

*God loves righteousness and justice;*

*the Lord's faithful love fills the whole earth.*

*The skies were made by the Lord's word,*

**all their starry multitude by the breath of God's mouth.**

#### **Sung response:**

*"Be Still and Know" (CCLI song #7073351)*

Words: Anonymous (Public Domain)

Music: Anonymous (Public Domain), arranged by Jack Schrader

*We put our hope in the Lord.*

*God is our help and our shield.  
Our heart rejoices in God  
because we trust God's holy name.  
Lord, let your faithful love surround us  
because we wait for you.*

**Sung response:**

"Be Still and Know" (CCLI song #7073351)  
Words: Anonymous (Public Domain)  
Music: Anonymous (Public Domain), arranged by Jack Schrader

**Seeking the Word**  
**Romans 8:26-28; 38-39**

*The scripture in this series will be done in an abridged "lectio divina" format—which means "divine reading." We will hear the scripture read once and then we will let that resonate for a bit with some music for the inward journey. What words or phrases popped out for you in the reading? Feel free to doodle in your Worship Guide with that word or phrase if you wish. When the music is over, we will hear the scripture read again.*

*Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. We know that all things work together for good for those who love God, who are called according to his purpose...  
For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.*

**Music for an Inward Journey**

**Homily**

Rev. Beth Wagner

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**REFLECT**  
**Appointment with God**

**Song:**

"Meet Me Here"

Words and Music: Marcia McFee, arranged by Chuck Bell  
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*During the season of Lent we are taking significant time to visit prayer stations, much like a mini-pilgrimage within our sanctuary. Moving from place to place for prayer is an ancient Christian practice, allowing the pilgrim to be inspired in different ways. There are places to light a candle, write a prayer request for yourself or someone else, a place to let go of a worry or regret, perhaps kneel and pray, and simply spend some time at your seat and write insights about life and faith in the Listen booklet provided. This week I invite you to pay attention to the candles in your space or the church space; concentrate on this light. Pray about this light; how has God's light been present in your life? What have you heard deep within that you would want to share with someone else*

*to help them in their journey? This is your prayer time—your Appointment with God. We will take our time—no need to rush.*

**Song:**

“Meet Me Here”

Words and Music: Marcia McFee, arranged by Chuck Bell  
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**Closing Prayers**

*As you begin to find your seats, let us pray:  
As a fire is meant for burning,  
so we are meant to love you with every breath.  
Help us to know that any time we want to know your Spirit,  
we have only to tune into the breath of life which comes from you.  
We join this prayer with all those offered during this time with you,  
and we pray together the prayer of Jesus:*

**The Lord’s Prayer**

**Our Father, who art in heaven, Hallowed be Thy name.  
Thy kingdom come, Thy will be done on earth as it is in heaven.  
Give us this day our daily bread and forgive us our debts, as we forgive our  
debtors. And lead us not into temptation, but deliver us from evil.  
For Thine is the kingdom, and the power, and the glory, Forever. Amen.**

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**PREPARE TO LISTEN IN THE WORLD**

**Connecting**

**Song for Moving On**

“O Breath of Life” (CCLI song #40430)  
Words: Elizabeth Ann Porter Head (Public Domain);  
Music: Mary Jane Hammond (Public Domain)

**Benediction**

*And now as you move on into the world...  
Hold that which is happening on the outside AND the inside dear.  
Love what comes across your path for what it will teach you.  
Cherish the struggle that stirs in your gut for how it will guide you.  
And know that all people carry within them  
the Essence of the Divine—a Holy Wisdom—given at birth.  
Listen every day until we meet again.  
Get quiet enough to hear the still small voice and to find your own.  
And may the Creator, Redeemer and Sustainer be with you all.  
And all God’s people say, **Amen.***

**Sung Benediction**

“Listening Now” (CCLI song #5845200)  
Words and Music: Christopher Grundy, Copyright© 2007 Hand and Soil Music

*Please pass the peace with your neighbors as you move into the world.*

**Music for Going Out**

“O Breath of Life” (CCLI song #40430)  
Words: Elizabeth Ann Porter Head (Public Domain);  
Music: Mary Jane Hammond (Public Domain)

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### Heritage Presbyterian Church

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[www.heritagepresby.org](http://www.heritagepresby.org) [www.facebook.com/heritagepresby](https://www.facebook.com/heritagepresby)  
*Sunday Worship: 10:00 am* Building Closed due to COVID-19

#### **Pastor**

**Rev. Beth Wagner**

*The pastor's schedule for the coming week is shown below.*

Mon., 3/1: reserved for Sabbath rest  
Tue., 3/2: working from home; attending The Gathering via Zoom 10:30 am;  
leading Your Prayer Life during Lent via Zoom and Facebook Live 4:00 pm  
Wed., 3/3: working from home;  
leading Lent Study – *Let Your Life Speak* by Parker Palmer via Zoom 7:00 pm  
Thu., 3/4: working from home; attending All Church Prayer via Zoom 1:00 pm  
Fri., 3/5: recording 3/7 Worship at church 10:00 am to 2:00 pm;  
hosting UnWined Fellowship via Zoom 4:00 pm and 5:00 pm  
Sun., 3/7: leading Worship with Communion via Facebook 10:00 am;  
teaching Sunday School via Zoom 11:00 am;  
teaching Confirmation Class via Zoom 4:00 pm  
Cell Phone: (309) 531-7076 Email: [pastor@heritagepresby.org](mailto:pastor@heritagepresby.org)

#### **Elders**

**Duncan Cory, Jerry Knapp, Patricia Lind, Kim Mays,  
Nancy Olson, Dan Wennerholm, David Wroth**  
Clerk of Session: **Charles Fortney**

#### **Deacons**

*Your deacon is assigned by the first letter of your last name, as shown below.*

**A-C Joan Knapp** (708) 341-9100 [joanknapp87@gmail.com](mailto:joanknapp87@gmail.com)  
**D-G Bev Mason** (630) 254-2399 [bev48mason@yahoo.com](mailto:bev48mason@yahoo.com)  
**H-L Sue Wexler** (630) 213-9471 [cpnpsjw@sbcglobal.net](mailto:cpnpsjw@sbcglobal.net)  
**M Leila Trepanier** (630) 267-4931 [leilateach@att.net](mailto:leilateach@att.net)  
**N-S Nick Shargo** (630) 596-6596 [shargo@sbcglobal.net](mailto:shargo@sbcglobal.net)  
**T-Z John Strohmeier** (630) 664-3210 [johnstrohmeier7@gmail.com](mailto:johnstrohmeier7@gmail.com)

#### **Staff**

Secretary: Darly Doyle  
Worship Pianist: Sabrina Poulin

#### **Offerings**

<b>GIVING</b>	<b>Pledge</b>	<b>Additional</b>	<b>Per Capita</b>
YTD Budget 02/21/2021	\$16,153.85	\$4,461.54	\$900.00
YTD Received 02/21/2021	\$25,644.00	\$4,940.00	\$328.00